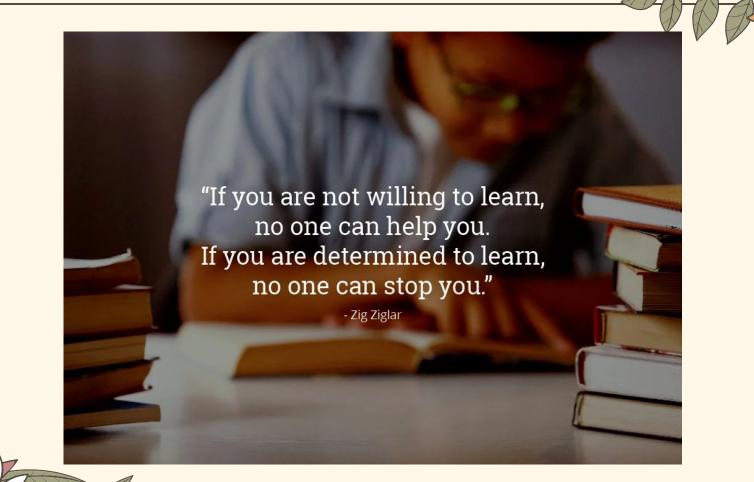


Delhi Public School - Mysore Newsletter - July 2023 Grade1



From the teacher's desk....

"Educating the mind without educating the heart is no education at all". The aim of our school is to provide unmatched qualitative education. Our approach to learning is child centric which encourages Activity based Learning. We enable them to bring out their best in a progressive and competitive environment in every field be it Academics, Sports or co-curricular activities..

The month gone by.... June 2023

It was an eventful month, instilling into the young minds to protect Mother Earth on World Environment Day, and showcasing the vitality of Yoga on International Yoga Day along with casting the Magic of Music on International Day of Music.

- World Environment Day
- World Ocean Day
- □ Father's Day
- International Music Day
- Investiture Ceremony

World Environment Day

We at DPSM encouraged the students of grade 1 to get stationery, snacks and lunch box, water bottle in plastic free containers to promote more sustainable lifestyle.



International Yoga Day

Yoga and mindfulness have been shown to improve both physical and mental health in school-age children . Yoga improves balance, strength, endurance, and aerobic capacity in children.



Father's Day

Father's day was celebrated to show the importance of the dad's role in their lives.



Investiture Ceremony

DPSM bestows upon the students, the ability to be the future leaders of the world. The Investiture Ceremony is a platform to showcase the leadership skills and abilities of the students.



Gallery..... Hobby activity - Best out of waste.





The upcoming events for July 2023... 4th & 5th - French celebrations

10th - 17^{th -} Pre-Mid Term Exam

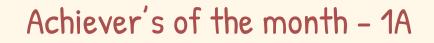
26th & 27th DM-MUN

26.07.23 - Inter House Competition-Recycling Newspaper

26.07.23 - Kargil Vijay Diwas

28.07.23 - International Tiger's Day/World Nature Conservation Day









Achiever's of the month - 1C







Parents something to remember....

- Go through your child's Almanac everyday, as there may be some information.
- Do use the communication sheets in the Almanac to voice your ideas, suggestions & feedback. Kindly fill in all the details in the Almanac.
- □ Circulars sent by school maybe in the form of print out or through ENTRAR.
- Please do not call teachers or message them during school hours. In case of any emergency please leave a message at the front desk.
- Children should wear their identity card to school every day.
- □ If your child comes to school by own transport he/she should be in school before/at 8.10 A.M.
- Used toys and story books could be donated for classroom repository.

Home review assignments will be sent at regular intervals, based on the Home Review Policy. It will be based on the concepts taught at school. Your child should be able to do them independently, with less parental involvement. In case the child has any difficulty, please inform the class teacher through the Almanac. Your feedback is valuable.

Kindly send the required materials for the activity on
 Bagless Wednesdays.

Every 2nd and 4th Friday is a Plastic Free Friday. Please send Plastic free items like jute pouch, copper bottles, steel boxes etc.



Birthdays for the month of

<u>I A</u> Jishnu Pillai 10th July Nirali M. Ayyappa 27th July

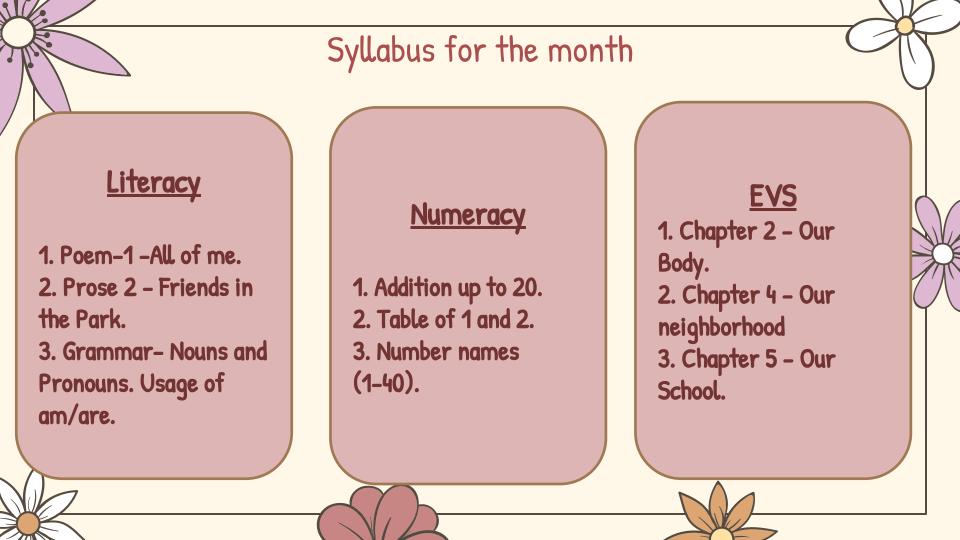
<u>I B</u> Ruthvi Shetty 3rd July Allena Seharish 9th July

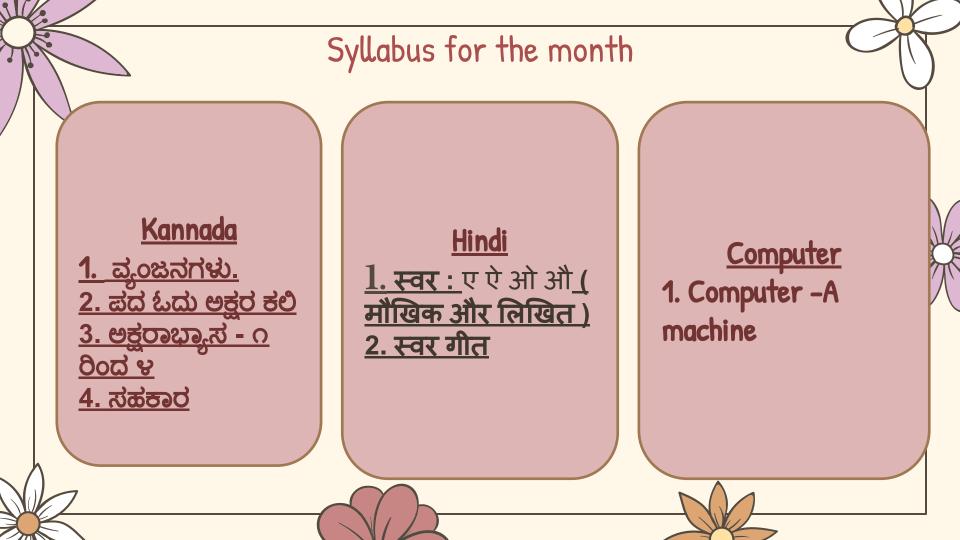
<u>I C</u> Ganavi S 12th July Muhammad Zaeem Bajaj 17th July Udhay Veer Ravi 19th July

I D Nihal A. 15th July

The wealth of Knowledge....

Syllabus for the month of July 2023





Syllabus for the month

<u>Value Education</u> My Sparkly White Teeth

Important Note: Reading assessment will be conducted every 2nd and 4th Wednesday of the month. Reading practice needs to be given at home too. You may use text books and story books for the same.

Timetable for the Pre - Midterm

Date	Subject
10.07.2023	EVS
11.07.2023	Hindi
12.07.2023	Computer
13.07.2023	Kannada
14.07.2023	English
17.07.2023	Maths

Note: Classes will continue as usual after the exam. Students are not allowed to go home immediately after the exam.

Subject	Syllabus	
Judject	Synabus	
Literacy	 Reading - Comprehension. Writing - Picture Composition. Literature - Prose - Manu and his family, Poem - All of me. Grammar - Naming words, usage of am and are, one and many. 	
Kannada	Varnamale.	
Nunnuuu	Swaragalu (ย - ยะ)	
Hindi	स्वर:-अ-औ.	
Numeracy	 Numbers up to 50. Addition up to 20. 	
E.V.S	1. About me. 2. Our body.	
Computer	1. A Machine	

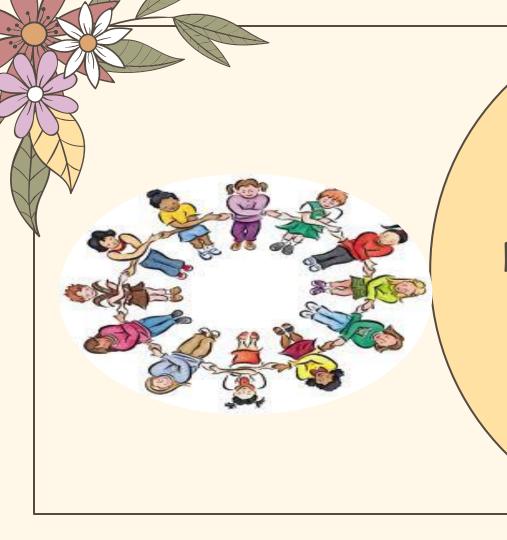
"Learning is not attained by chance; it must be sought for with ardour and diligence."– Abigail Adams

For quick queries and questions, feel free to email the Senior Mistress. If you require a longer discussion, please arrange for an appointment with the teacher.

Feel free to mail me at:

nandithaphilipdpsm@gmail.com

From the desk of the Senior Mistress....



In conclusion.....



Clove is a popular spice found in almost every Indian kitchen. This amazing spice is associated with multiple health benefits. It is popularly consumed to boost immunity, as a remedy for toothache, and to cure (respiratory symptoms.

In a bowl or bottle, put a two to three cloves in some water and let it soak during the night. In the morning it can be consumed with warm or cold water .According to studies, clove is known for eliminating parasites from the body, and drinking clove water every day will strengthen your immune system. Nose, ears, and throat all absorb the protective properties of clove, and help avoid colds and flu since these tissues are our first line of defense.

Health Benefits of Clove

- Helps with cough and cold symptoms
- Natural mouth freshener
- Fights Nausea
- Helps gastric upsets
- Avoids bloating
- Reduces mouth ulcers
- Fights tooth pain & bleeding gums
- Helps control high cholesterol levels
- Increases blood circulation
- Antiseptic

