

## Report on the workshop - Parental Concerns on Problem of Addiction in Children

Delhi Public School - Mysore had hosted an online workshop for parents on “Parental Concerns on Problem of Addiction in Children”, organized by ICTRC on 7<sup>th</sup> August 2022.

Renowned psychologist, Dr. Ravindran was the subject lead. He spoke about the importance of involvement of parents in upbringing adolescents. He spoke about the myths and misconceptions around addictions. He briefed about different types of addictions in children and adolescents and also gave some tips to handle children with addictions. He clarified the difference between habits and addictions and stressed on the importance of “Conducive Environment” for children to have a healthy growth and development.

Around 500 parents across India, took part in the webinar, hosted by DPS Mysore. The session was conducted by the School Counsellor and Special Educator Ms. Bhavana Srikanth and Ms. Namrata Chaturvedi with a brief Question & Answer session, where the lead expert answered the questions posted by the participants.

