

HEALTH REPORT

KINDERGARTEN TO GRADE 3 - VISIT TO THE INFIRMARY

Date: 17th June 2022

It is quite natural for the little ones to be apprehensive of visiting the infirmary. Considering the severe after-effects of the COVID-19 pandemic, anything and everything related to hospitals, infirmaries, and medical care in general will seem not a pleasant experience. But special care was taken to make all the students comfortable right from the get-go.

They were made to feel at ease by engaging them in light and casual conversation, while checking their height and weight. The importance of brushing their teeth regularly and correctly was explained. They were made aware of the benefits of eating nutritious food every day, to focus on their learning and growing up to be healthy children.



**REPORT ON
AWARENESS PROGRAMME FOR AUXILIARY STAFF**

Date: July 2nd, 2022

Students of Class XI in collaboration with Senior Mistress Mrs. Nanditha Philip and Mrs. Renamma Kantharaj, Staff Nurse, Delhi Public School Mysore, organized an awareness program with an emphasis on Menstrual Health and Hygiene, for the female auxiliary staff.

Importance of personal hygiene, measures for preventing infections, and tips for a healthy lifestyle were discussed. The need of consuming healthy and nutritious food was also stressed upon. The staff was also shown the importance of cultivating habits for personal development like reading, gardening, and staying updated with the latest news and current events. All these habits would help them in their overall development and general well-being.



STUDENTS' HEALTH CHECK UP

Date: 22nd August – 26th August 2022

Overall health checkup campaign was organized by DPS Mysore, from 22nd August to 26th August 2022 keeping in mind the principle, “**Health is the primary wealth of human beings and must be protected.**” This was a collaborative effort between DPS and Address Health. The medical camp was exclusively organized for the students from LKG to Class XII.

Doctors along with three nursing staff checked the overall health condition of all students. A head-to-toe examination was conducted, including height, weight, and waist measurements, along with dental, ear, chest, and eye checkup. A few students were referred for a detailed examination, to identify certain conditions at the earliest (if at all). Students were made aware of the importance of regular tooth care, general health and hygiene as well.



REPORT ON VACCINATION DRIVE – GRADE 8 – 11

In an effort to inoculate our students against the COVID-19 virus and increase the immunity to fight against the deadly virus, Delhi Public School, Mysore conducted a vaccination drive for students ranging from Grade 8 -11. This drive was conducted in collaboration with Varuna Primary Health Center (PHC), Mysore.

This was also a way to help those parents who couldn't get their wards vaccinated due to several reasons. The drive was conducted in two phases. The first phase was on August 2nd, where 51 students received the COVID vaccine. The second phase fell on 7th September, where 39 students were administered the COVID jab.

